

## Leadership Coaching

**Become a better leader by building better self awareness, self-insight and perspective taking with one-on-one coaching.**

### Why choose leadership coaching?

- **Coaching is a form of learning.** The conversation is centred entirely around the individuals needs and personal development journey.
- **Coaching provides a safe and confidential space.** Away from the day to day, to discuss goals and anything that might be holding someone back from achieving their full potential.
- **Coaching leaves a legacy making people better leaders.** We equip coachees with tools, action plans and mind models that get results today and in the future.

### Coaching outcomes Include:

- Better stakeholder management & team relationships - influencing skills
- Improved confidence and effectiveness
- Better leadership and people management approach
- Better time management and prioritisation
- Clearer personal alignment to achieve business objectives
- Career growth and progression
- Better stress management and improved work life balance

*Rachael provided an environment that was disarmingly casual yet structured to subtly guide the conversation to make me talk through my thought processes, effectively highlighting areas of opportunity, insight and development. It changed how I evaluate and articulate my strengths, combat my weaknesses and set achievable milestones; a method that's proven successful in leading others, career development and also in my personal life.*

Director of Strategy & Communication, Hotelchamp

#### **INVESTMENT: Three Month Coaching Engagement, £995**

4 x 90 minute virtual sessions including personal Values Assessment.

**Add Hogan Leadership Assessment** including HPI, HDS & Values plus 2 hour personal debrief and development plan additional **£750**